

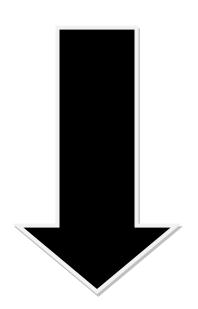
MALWANCHAL UNIVERSITY, INDORE

5.3.3 Average number of sports and cultural activities / competitions organised at the institution level per year

2018-19

S. NO.	INSTITUTE NAME	NAME OF ACTIVITY	DURATION	
1	(IMCH&RC) Index Medical College Hospital & Research Center, Indore	Stimulus	07-12-2018 to 03-01-2019	
2	(IIDS) Index Institute of Dental Sciences, Indore	Cultural - Athena	17/12/2018 to 21/12/2018	
2		Sports - Athena	24/12/2018 to 29/12/2018	
3	(INC) Index Nursing College, Indore	Sports	8/1/2018 to 13/1/2018	
4	(INC) Index Nursing College, Indore	Cultural	28/1/2018 to 29/1/2018	
5	(IDPOT) Index Department of Physiotherapy and Paramedical Sciences	Sports, Cultural	22/12/2019 to 24/12/2019	

Index Medical College, Hospital & Research Center, Indore





Indez

EMedical College Hospital & Research Centre

(Unit of Mayank Welfare Society) (Constituent Unit of Malwanchal University)

Ref. No. IMCHRC/DN/2018/10(

Date :-21/11/18

CIRCULAR

We are pleased to inform that the funfilled fest of "**Stimulus"** is starting from 07.12.2018. The students interested in various events are requested to register with Ms. Chitra Khirwadkar.

116 DEAN IMCHRC, INDORE.

Dean Index Medical College, Hospital & R:C.,INDORE

Cc :-

- CHAIRMAN
- VICE CHAIRMAN
- REGISTRAR, MALWANCHAL UNIVERSITY
- Vice Dean
- All administrators
- ALL HODs
- Notice Board College Notice board, Boys & girls Hostel, PG hostel
- File

Index Medical College, Hospital & R.C. INDOD

College Address : Index City, Near Khudel, NH-59A, Nemawar Road, Dist., INDORE (M.P.)- 452 016, Ph.: 0731-4013600 Corporate Office: 104, Trishul Apartment, 5, Sanghi Coloney, A.B. Road, INDORE - 452008, Ph.: 0731-4215757,4044715 Website : www.indexgroup.co.in, E-mail: medical@indexgroup.co.in

Index Medical College, Hospital & Research Centre, Indore

Stimulus - Report 2018

The Annual College Fest, "STIMULUS 2K18" was held at Index Medical College. A week long extravaganza was organized in the College premises. It touched the lives of all who were involved and visited the fest. The grand endeavor was turned into realities, under the guidance of the Chairman, Mr. Suresh Singh Bhadoriya and Dean, Mr. S.M. Holkar who were ably assisted by the staff and the core team of student council. With a thunderous line-up of cultural and academic events and sport competitions topped with engaging workshops, it was crowd pleasing to every circle of students.

The annual fest commenced with the blessings of Goddess Saraswati and lighting of the lamp by our Chief guest, Dignitaries, Teachers and the core team. The spectacular initial days were started with the sports events with ring of students from various streams. Several indoor and outdoor sports activities like chess, carrom, badminton, Cricket, Kabaddi, Table tennis, etc. were conducted. The participating players were encouraged and cheered throughout the matches. The students showcased a great sense of discipline and mastery of skill achieved through months of hard work. The spirit of sportsmanship was in the air. The atmosphere of the college was one of festivity and jubilance.

It was followed by the cultural and academic events. Participants stole the hearts by their mesmerising performances. The overwhelming response from the audiences set the evidence of our successful music event. Keeping up the fervour of the students to an all-time high, the rhythms and the beats of the Hindi and Western singing competitions resonated around the whole campus. With the greatest hit of Bollywood songs the solo competition mesmerized our souls.

Dean Index Medical College, Hespital & R:C.,INDORE

Registrar chal University ore (MP)

Furthermore, the instrumental songs presented in the competition added ambiance to the event. Any event is incomplete without the power pack treasure of dances. The dances that highlight life, strength, and a different story of its own, made the audience to watch in awe how one can turn imagination into reality. The aura of western dance (solo) and Break free set the ground on fire. Dance competition was one of the scintillating events being enjoyed by the viewers. Live painting, Face painting and Rangoli makingcompetitions were held and materials were provided to the students. All the participants added up life to the dead canvas.

The art of speaking is the art of discovering what you believe. The speaking talent of the participants was judged in Debate competition. The participants took us on a journey where they painted a whole new world with their words. The participants were judged by creativity, relevance, expression, clarity, power and vocabulary. Poetry is when an emotion has found its thoughts and the thoughts have found its words. The performance of poetry is an art, just as much as the wring of it. To encourage the flamboyant poets, competitions were organised for the budding poets where they used the power of their words to move the audience. It was followed by the award ceremony.

The event was concluded by a formal vote of thanks by Ms. Chitra Khirdwarkar. STIMULUS 2K18 has epitomized the ultimate array of cultural activities on an Institute platform. The event moving from one to other showed the diversity and diligently organized proceedings. Keeping heart, mind and soul, the institute bought a treasure of talent. A soul that was vibrant, contagious and exuberant. It has been a paradise for the young generation for them to nurture and showcase their cultural and managerial skills.

Event Coordinator

Index Medical College, Hospital & R:C.,INDORE

Registrar Malwanchal University Indore (M.P.)

Stimulus - 2018 - 19

List of Participants

Basketball Females

2

Riya Jain Anjali Mittal Sandhya Gupta Shivani Malviya Suruchi Nigam Aashita Jain Pooja Ahlawat Poonam Joshi Tanu Yadav Samiksha Samriddhi Mishra Saumya Anjali Goli Aastha Tiwari

MALES

Sagar singh Akshay kevlani **Divyam pandey** Shubham parashar Shivam narang Deepraj verma Avush Mishra Padmesh Bhatwara Bhupendra Chaudhari Rajat Lodhi Atishay Simon **Rohit Parmar** Akshat Sunil Chaudhari Ashish Yadav Abhi Saxena Ayush Prajapati Jasmanpreet Singh Dhol **Deepesh Dhakad** Amit rhinyaat Swastik Choukhade Aman Singh

Amit Agrawal Zabi Nagori Devanshu Pawar Tushar Gautam Rajkumar Dhakad Ashwin ninama Saurabh Randhawa Shubham dhaakad

Face Painting Aakruti Kacchara Arshi Syed Shubham Parashar Ramendra Rajawat Isha Jain Nivedita Mishra Roli Vachani Harsh godariya Seema Chaudhari

Cricket Females

Aishwarya Jawale Sandhya Gupta Shivani Malviya Suruchi Nigam Saloni Agrawal Aayushi Singh Deepa Kushwah Swati Chalotra Aashita Jain Anjali Mittal Ojaswini Yadav Aanchal Riyal Poonam Joshi Nirmala Komal Deepika Patidar



Manohari dholiya Pragya Jharbade Simran Thakur Nidhim Sharma Tanu Yadav Minal Jhala

Boys

Nisarg Patel Ramnaresh Yaday Shubham Parashar Pradeep Verma Akshay Kewlani Yash Patel Aakash Patel Ronak Patel Shivam Narang **Divyam Pandey** Deeprai Verma Arun Kumar - captain Salil Saurav Aditya S Maurya Nitesh Mahendra Singh Chauhan Mahendra Pawar Anil Jat Kalpit Himanshu Sherron Aayush Mishra Shivam Singh Tomar Abhi Saxena Anoop Sharma Jasmapreet singh Dhol Deepesh Dhakad Amit Thinyat Gourav Patidar Mayank Mangal Dev Patel Priyank Kacholiya Prateek Sahu

University Malwanchal Indore

Basant Meena Sandeep Atulya Vijender Singh Agam Jain Ashish Patil Shubham Mishra Murshid Khan Mohit Patidar Amit Singh Chauhan Vivek Verma Ravi Patidar Aadarsh jeeshani Devanshu Pawar Shubham Verma Tei Bahadur **Balram Patidar** Abhijeet Maravi Sourabh Randhawa Manish Nayak Jagdish Tanwar Jayant Patidar

Volleyball Females

Shivani Malviya Anjali Mittal Suruchi Nigam Navnee Jain Sandhya Gupta Aishwarya Jawale Shivani Singh Aasma Jain Ekta Sharma Tanu Yadav Manisha Pragya Jhadbade

Males

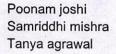
Bhagirath Akhil Bishnoi Shubham Parashar Ramnaresh yadav Ramendra Rajawat Pradeep Verma Arun Kumar Himanshu Anil Jaat Shubham Verma **Rishabh Goyal** Sunil Dangi Yuvraj Samota Rajat Lodhi Kanha Pradhan Kushagra Verma Priyank Kacholiya Mayank Mangal Abhishek tripathi Rakesh bishnoi Shubham goyal Dilip kumar Sunil brahmane Ayush gurjar Mohit patidar Deepak barot Vedut verma Shubham mishra Prakash shah

Jayesh bhati Saurabh bafna Ravi patidar Aadarsh jisani Ashish damor Ashwin ninama Tushar gautam

Badminton

Females

aishwarya jawale Sandhya gupta Anjali mittal Vaishnavi tyagi Vidushi meel Anindita ameta Tanu yadav



Males

Shubham parashar Divyam pandey Aakash patel Deepraj verma Akshay kevlani Nisarg patel Saransh tyagi Manan arora Sagar singh Ayush mishra Shivam singh tomar Salil saurav Kuldeep gandhi Sourabh virmani Rishabh goyal Atishesh simanatishay simon arun kumar Swastik chouhade Abhishek dabakara Ujjwal pandey Shivam tomar Salil sourav Shaurya sharma Atishay simon Prabhanshu mishra Murshid khan Prince shoukeen shubham verma Vivek verma Adarsh jisani

Table tennis

Females Palak vinayaka Shivani malviya Deepa kushwaha



Malwanchal Indore

Anindita ameta Deepanshi vijayvergiya

Males

Deepraj verma Aakash patel Shivam narang Nisarg patel Tirth patel Robin yadav Bhupendra chaudhary Salil sauray Padmesh bhatwara Puru agrawal Shivam singh tomar Ashish damor Shailendra gurjar Vivek verma aadarsh jasani Saurabh bafna

Carrom

Females Aishwarya jawale Farheen khan Anchal aanand Aakriti kacchara Arshi sayyad Deepa kushwaha Sandhya gupta Manu jain Tanu yadav Kajal Komal Khushbu patidar Deepika patidar Manish nayak Jayant patidar Ashish damor Saurabh bafna Vivek verma Devanshu pawar

Jayesh bhati

Kabbadi

Ravi patidar **Balram Patidar** Kuldeep Patidar Tei Bahadur Harsh Prajapati Vivek Verma Prasanjeet Sinha Nilesh Satyam Manish Nayak Akshay kevlani Robin yadav Ramendra yadav Divyam pandey Tirth patel Shubham parashar Pradeep verma Saichand parchuri Arjun Lal Jaat Bhinva Ram Tanuj Chaturvedi Narendra Patel Sahil Khokhar Yuvraj Samota Mayur Makwana

CHESS

FEMALES Shivani malviya Shivangi sharma Rashi sharma Manali chawla Shivani singh

Ekta sharma Samriddhi mishra Saumya

Males

Saichand parchuri Shivam narang Manan arora



Arun kumar Rajat Sahil Khokhar Saksham Singhal Jeetesh Sharma Sunil Chaudhari Ashish yadav Saurabh bafna Balram patidar devanshu pawar Prasanjeet sinha

Singing

Kuldeep gadvi Manan arora Deepraj verma Ojaswini yadav Aashita jain

Dancing

Females Navnee jain Deepa kushwaha Aashita jain Vaishnavi tyagi Ananya sharma

Males Shivam narang Aakash patel

Face painting

Mit patel Nisarg patel Saransh tyagi Kunal johri

Malwanchal University

Aakash karale Ayush mishra Parmesh bhatwara Narendra patel Shivam singh tomar Saksham singhal Aakriti kacchara Diksha jat Shweta tiwari Bina lalrin sangi

Fireless cooking

Aanchal aanand Manali chawla Suruchi nigam Ojaswini yadav Swati chlotra Diksha jat Shubham parashar Saichand parchuri Aakash patel Manthan prajapati Ronak patel Mit patel Robin yadav Ramendra rajawat

T SHIRT PAINTING Mit patel Shubham parashar Swati chalotra Khushbu patel Diksha jat

RANGOLI Aishwarya jwale Aashita jain Suruchi nigam Deepa kushwaha Aayushi singh Seema Chaudhari Anamika Tripathi Pragya Jhadbade Bharti Yadav Nirmala Komal Khushbu Punam Tanu

FOOTBALL

BOYS Sagar singh **Divyam pandey** Tirth patel Saransh tyagi Deepraj verma Ramnaresh yadav Nisarg patel Rohit bhore Rahul rajawat Ramendra rajawat Vijay kumawat Shubham parashar Salil Saurav Avush Mishra Padmesh Bhatwara Ashish Yadav Mayank Gupta Puru Agrawal Rahul Anand Tanu Chaturvedi Sohail Ali Shivam Singh Tomar Sahil Khokhar Mrityunjay Choudhary Swastil Choukhode Mayank Mangal Ujjwal Pandey Deepesh Dhakad **Devesh Dhakad**

Anit rhinyahat Jasmanpreet Singh Dhol Amit Agrawal Akash Gupta Avush Kesharwani Murshid Khan Sunil Brahmane **Rishi Shukla** Ashish Patil Lakhan Choyal Sulabh Singh Paraag Joshi Mudit Sagoriya Ayush Jadhav Shubham Mishra Praseniit Ashish Damor **Jayant Patidar Tushar Gautam** Shailendra Jayanshu Ashwin Nama Ashish Satya

University Reg Indore (MP) Malwanch

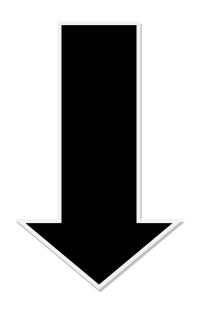
Index Medical College, Hospital & Research Centre, Indore

Stimulus 2018-19



Registrar Malwanchal University Indore (M.P.)

Index Institute of Dental Sciences, Indore





Ref No.: IIDS/Misc.Events/2018/58

Date: 03rd December, 2018

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CIRCULAR

This is to inform that cultural and sports program named Athena have been organized in the college. Cultural week will be from 17/12/2018-21/12/2018 and sports week will be from 24/12/2018- 29/12/2018. All the interested students can coordinate to Dr Poonam Tomar Rana for participation and other details of the program.

Dean, DEAN Index Institute of Dental Sciences, Indore

Copy for information to:

- Registrar, Malwanchal University
- All Concerned Authorities
- ➤ File



V Reprinted Malwanchal University

Campus : Index City, NH-59A, Nemawar Road, District: Indore- 452016 (M.P.) Ph.: + 0731-4013700 Email : dental@indexgroup.co.in, Website : www.indexgroup.co.in City Office : 104, Trishul Apartment, 5, Sanghi Colony, A.B. Road, Indore M.P. - 452008

INDEX INSTITUTE OF DENTAL SCIENCES

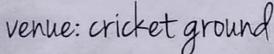
ATHEMA 2018



timings: 12pm-4pm

Cultural week_ 17/12/2018 - 21/12/2018 Sports week - 24/12/2018 - 29/12/2018

contact person: Dr. Himani Sukhija 7869958316





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CULTURAL REPORT 2018-19

Annual Cultural and Literary Festival of Index Institute of Dental Sciences (IIDS), "ATHENA-2018"

On the occasion of Annual cultural events, the cultural committee of Index Institute Of Dental sciences, Indore under the supervision of Dr. Poonam Tomar Rana & guidance of Dr. Utpal Majumdar (Dean, IIDS), Dr. Rolly Agarwal (Vice Dean, IIDS) conducted the cultural events "A FHENA" From 17th December 2018 to 21st December 2018. The event was organised under the umbrella of Malwanchal University.

Cultural Programs is one of the attractions in Index Institute Of Dental Sciences, Indore. Culture could be based on shared ethnicity, gender, customs, values, or even objects. Culture is our way of life. It includes our values, beliefs, customs, languages, and traditions... Our culture measures our quality of life, our vitality and the health of our society. Through our culture, we develop a sense of belonging, personal and cognitive growth and the ability to empathize and relate to each other. Our department and students give more priority and importance to improve these values and customs. These characteristics are that all cultures share are learned, shared, symbolic, integrated, and dynamic. Cultural inheritance is very important to transfer it. It refers to the storage and transmission of information by communication, imitation, teaching, and learning. It is transmitted by the brain rather than by genes. However, it does have a genetic basis; the genes involved determining the structure of the brain.

To encourage the student participation, different themes were allotted on following days:

- 17/12/2018 Twin day
- 18/12/2018 Retro day
- 19/12/2018 Festive day
- 20/12/2018 Floral day
- 21/12/2018 Ballroom day

Events for different sections of Art & Craft were intended to spread awareness towards the Social causes.

Rangoli event was focused on "Beti Bachao Abhiyan".

Poster -painting emphasized on 'Swachh Bharat Abhiyan'.

Solo and Duet Dance: The students competed with each other in solo dancing and duet dancing. The dance was choreographed by the participants themselves. At the end, the winner was announced.

DEAN

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Drama: A comic act was put up by the students which thoroughly entertained the crowd.

Rock Show: Various musical bands of the college got a chance to perform on stage.

Group Dance: The students got an opportunity to perform on stage with their friends for the last time at undergraduate level.

Singing: It included both Solo Singing and Duet Singing. It brought forth the best singers in IIDS They got a chance to perform on the stage and entertain the audience with their singing.

Fashion Show: All the Students got a chance to perform for the last time at undergraduate level. Fashion show is split up in 9 parts including all the nine Departments of IIDS.

Debate Competition, Fireless Cooking, Face painting and may other fun loving events were there.

Students & staff members of Index Institute of Dental Sciences participated in the cultural events with great enthusiasm.

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All the events were so exciting that the audience enjoyed them very much. At the end of the program, there was the prize-giving session. But before it, the chief guest and the special guest were given some time to say something. The chief guest in his speech put stress on the necessity of extracurricular activities of the students. He thanked the college authority, the teachers and the students for organizing such a wonderful cultural program. "The practice of cultural activities will surely perfect the academic career of the students," he remarked.

The special guest also gave a short speech appreciating the wonderful performance of the students. The program ended with the thanks-giving speech of the Dean.

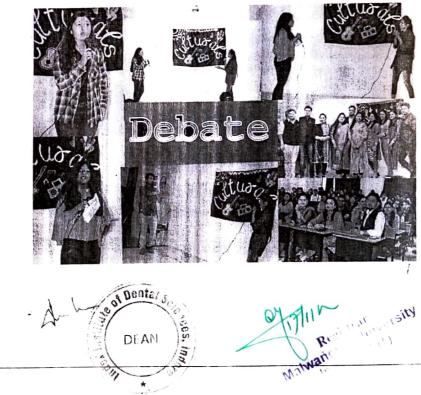




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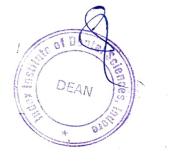








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Annual Sports Meet of Index Institute of Dental Sciences, "ATHENA-2018"

The much awaited Annual Sports week was held in Index Institute Of Dental Sciences, Indore, from 24th December 2018 to 20th December 20th December 2018 to 20th December 20th 24th December 2018 to 29th December 2018 with great zeal, excitement and frolicsome atmosphere. The programme began with Dr. Utpal Majumdar (Dean, IIDS) welcoming the chief guest Shri Mayank Badhoria (Vice chairman, IIDS, Indore) and the esteemed gathering and emphasised on the importance of sports in a person's life. The chief guest, Shri Mayank Bhadauria, Shri R.S. Ranawat, Shri P.C. Vaday and D. March Paet of Shri R.C. Yadav and Dean, Dr. Utpal Majumdar also took the salute of the impressive March Past of

the students, coupled with some stirring marching music by the band.

The students entered into the spirit of the occasion in a grand way with the oath being administered by the Sports captain. An energizing equestrian display set the tone for the rest of the event. The students displayed a Karate display mesmerising the audience with their energetic performances.

Once the races began, the air was filled with cheering and tons of encouragement for the athletes. Students, Interns and staff members competed in events including sprints, relays, sack race, obstacle race and skipping race. Fun time with a staff relay and a tug- of- war between the houses added to the

The College Cabinet, the four teams, Athletic Squad, Association Presidents and the squads of all four teams finally gathered for the March Past, for the closing ceremony of this multi-hued pageant. The Chief Guest, Shri Mayank Bhadauria, Vice Chairman then addressed the gathering. In his speech, he praised the efforts of all his batchmates who have assembled from all corners of the globe just to witness the spectacular fiesta, besides confiding how he has enjoyed the sports day twice. He congratulated the winners in advance for winning the Shield thereby revealing the winner there and then. Finally he ended his speech with the message that everyone must attempt a sport or any sports

The Dean, Dr. Utpal Majumdar presented a memento to the Chief Guest, following which the prize distribution ceremony took place. Prizes were won by various houses for separate categories. The programme concluded with the Vote of Thanks given by the College sports incharge who thanked each and everyone who worked day and night tirelessly in order to conduct successful sports Meet. The event ended with singing of the National Anthem by the audience and beating of the retreat by the College Band.

Event Coordinator



Index Institute of Dental Sciences, Indore

	Athena 2018
S. No.	Name
1	NIDHI DHAKAD
2	NIDHI D. BISANI
3	NIKITA MAHESHWARI
4	NISHTHA PATEL
5	NITIN MANGLANI
6	POONAM MALVIYA
7	POORNIMA TIWARI
8	PRAKHAR NIKAM
9	PRANITI NAGAR
10	PRIYA JAIN
11	PRIYANKA PAL
12	PRIYANSHI MAHAJAN
13	RABJOT KAUR CHAWLA
14	RAGHVEE BHAWSAR
15	RAJPAL SINGH CHOUHAN
16	RENUKA KALMODIYA
17	SANGEET JAIN
18	SANSKRUTI ACHARYA
/19	SAPNA SINGH
20	SATYENDRA SHUKLA
21	SEJAL SONI
22	KRITIKA
23	MAMLESH DONGRE
24	MANISH VERMA
25	MINAL RATHORE
26	MINAZ SHEIKH
27	MRIDUL RANJAN
28	MUSKAN SAINI
29	NARENDRA BAKAWLE
30	NAYLA SAMAR
31	NIDHI JAISWAL
32	NIKITA THAKUR
33	NIMESH AMBU
	PAYAL NAYAK
34	PREKSHA GADIA
	PRIYANSHI CHOUHAN
36	GUFFRAN LUCKHNAVI
37	GURIJALA RAM SWAROOP REDDY
38	
39	KESHRANI DEWDA
40	KHAN MOHD HUSAIN SANANULLAH
41	KROS HNEHNAHLUI
42	C.LALMUANPUIA
43	CHHAYA BHATIYA
44	DEBASRUTI MITRA
45	DEEPA YADAVA
46	DEEPANSHA POKHRIYAL
Hute los	DEAN Judge

G Registrar Vanchal University Indore (M

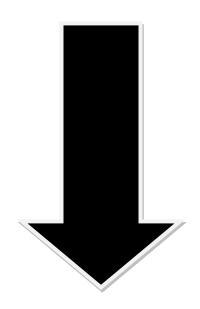
Index Institute of Dental Sciences, Indore

	Athena 2018
S. No.	Name
47	DEEPSHIKHA POKHRIYAL
48	DEEPTI TAKHELMAYUM
49	SHRADDHA BHILAVE
50	KHUSHBU GUPTA
51	KHUSHBU KUMARI
52	KHUSHI SHARMA
53	KIRTI SINGH
154	LALHRIATPUII
55	LALRINKIMI
56	LALROMAWIA
57	LALTHANSIAMA RALTE
58	MADHUMITA D PARWANI
59	MADHVI HEER
60	MARIA KHAN
61	NARRA HARSHITA
62	NEHA SINGH
63	NIHALANI TANISHQ
64	NIKHIL RAJ
65	NITESH KUMAR
66	PILLAY AYUSHI DEVENDRA
67	POOJA RATHORE
68	PRATIGYA YADAV
.69	PRIYA KATIYAR
70	PRIYA SURBHI JHA
71	PRIYANKA JAIN
72	RAJWARDHAN SINGH BAIS
73	REBECCA T. BHANGPUII
74	SALONI MODI
75	NILAKSHI TRIVEDI
76	POOJASHREE CHOPDA
77	SAKSHI PATIL
78	SANCHIKA PRASAD
79	SHIVANI RAWAT SIMRAN CHOUHAN
80	VAIBHAVI SUDHIR SHENDE
81	VAISHNAVI SODIIIK SHEADZ VAISHNAVI KADAM
82	VAISHIVAVI KADAM VIPUL PIPLAD
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84	THE REAL PLANT AND A CONTRACT OF THE PLANT AND A CONTRACT.
/85	ATTOR OFFICE TO A COMPANY

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Q 24/11 Registrar Inchal University

Index Nursing College, Indore





(Run by Mayank Welfare Society)

Approved by Indian Nursing Council, New Delhi, Madhya Pradesh Nurses Registration Council, Bhopal (M.P.) Constituent Unit of Malwanchal University, Indore (M.P.)



Ref No: INC/PO/2018/10

Date: 5/1/18

CIRCULAR

This is to hereby notify that the Index Nursing College is going to organize annual sports week, from 8th Jan to 13th Jan 2018. Students who are interested to participate are directed to give their names to their house in charges.

Sports Schedule is as follows:

Sr No	Sports	Date
1	Cricket (Girls)	8\1\18
2	Cricket (Boys)	9\1\18
3	Kabaddi (Boys & Girls)	10\1\18
4	Cricket Finale (Boys)	11\1\18
5	KhoKho (Boys & Girls)	12\1\18
6	Badminton	13\1\18
7	Chess & Carom	13\1\18

All the faculty members and administration staff is requested to grace the occasion.

Principal Index Pursing College INDEX NURSING COLLEGE

Copy to:

- > Registrar
- All concern faculties
- ➢ File

INDEX NURSING COLLEGE INDORE (M.P.)

hal University Malwanc Indore (M.P.)

College Address : Gram Morodhat, Nemawar Road, Post. Bavlia Khurd, Dist., INDORE - 452 016 (M.P.), Ph. : 0731- 4013751 E-mail : nursing@indexgroup.co.in • Visit us : www.indexgroup.co.in

City Office : 104, Trishul Apartment 5, Sanghi Colony, A.B. Road, INDORE -08, Ph. : 0731-4215757, Fax : 0731-4044715



(Run by Mayank Welfare Society)

Approved by Indian Nursing Council, New Delhi, Madhya Pradesh Nurses Registration Council, Bhopal (M.P.) Constituent Unit of Malwanchal University, Indore (M.P.)



Ref No: INC/PO/2018/34

Date: 25/1/2018

Circular

This is to hereby notify that the Index Nursing College is going to organize cultural fest on 28th and 29th Jan 2018. Students who are interested to participate are directed to give their names to their class coordinators.

Schedule is as follows:

Sr No	Events	Date
1	Rangoli	28\1\18
2	Mehendi	28\1\18
3	Best out of waste	28\1\18
4	Skit or role play	29\1\18
5	Poetry (Either hindi&english)	29\1\18
6	Song & Dance (Solo & Dance)	29\1\18
7	Fancy Dress	29\1\18

All the faculty members and administration staff is requested to grace the occasion.

Principal

Index Nursing College Principal INDEX NURSING COLLEGE

Copy to:

- Registrar
- All concern faculties
- ➢ File

INDEX NURSING COLLEGE INDORE (M.P.)



College Address : Gram Morodhat, Nemawar Road, Post. Bavlia Khurd, Dist., INDORE - 452 016 (M.P.), Ph. : 0731- 4013751 E-mail : nursing@indexgroup.co.in • Visit us : www.indexgroup.co.in City Office : 104, Trishul Apartment 5, Sanghi Colony, A.B. Road, INDORE -08, Ph. : 0731-4215757, Fax : 0731-4044715 The sports program was ended with the announcement of results. The winning students are in sports week 2018.

RESULT OF SPORTS EVENT

SR NO	SPORTS	WINNER & RUNNERSUP	NAME OF PARTICPANTS/CAPTAIN
1	Badminton (Team	1. Silverswords	Mr.Ritesh Joshi
17	Event)	2. Conquerors	Mr. Ayush
2	Chess (Boys)	1. Titans	Mr.Brij Ban Bharti
	01003 (0093)	2. Silverswords	Mr. Lakhan Dakhad
3	Chess (Girls)	1. Conquerors	Ms. Sevanti Bhatnagar
		2. Silverswords	Ms. Supriya Jadhav
4	Carrom (Boys Single)	1. Silverswords	Mr.Vishal
	carronn (boys single)	2. Warhawks	Mr. Hariom
5		1. Conquerors	Mr. Ashish Kumar
	Carrom (Boys Doubles)		Mr. Aman Khan
	ourrow (boys boubles)	2. Silverswords	Mr. Kamlesh yadav
			Mr. Nilesh Sisodiya
6	Carrom (Girls Single)	1. Titans	Ms. Kajal Selvan
	(Gills Single)	2. Silverswords	Ms. Neesha
7		1. Conquerors	Ms. Kajal Chouhan
-	Carrom (Girls Doubles)		Ms. Preeti Hada
	curronn (chris Doubles)	2. Warhawks	Ms. Uma Malviya
			Ms. Kirti Kumawat
8		1. Conquerors	Mr. Om Prakash Pal
	Carrom (Mixed		Ms. Reeta Kumari
	Doubles)	2. Silverswords	Mr. Pradeep Kumar Yadav
_			Ms. Mona Thakur
9	Kabaddi (Boys)	1. Silverswords	Mr. Vikash Kumar
	()-)	2. Titans	Mr. Rahul Singh
10	Kabaddi (Girls)	1. Conquerors	Ms. Saloni
		2. Titans	Ms. Somya Chouhan
11	KhoKho (Boys)	1. Titans	Mr. Sachin Mohil
		2. Conquerors	Mr.Sundar
12	KhoKho (Girls)	1. Titans	Ms. Shikha Yadav
		2. Silverswords	Ms. Rama Pawar
13	Cricket (Boys)	1. Titans	Mr. Saket
		2. Conquerors	Mr. Piyush Sharma
14	Cricket (Girls)	1. Titans	Ms. Sheetal Chouhan
		2. Conquerors	Ms. Sangeeta Dangode

Sports Coordinator

Malwanchal University Indore (M P)

P2/9/22

PRINCIPAL INDEX NURSING COLLEGE INDORE (M.P.)



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Approved by Indian Nursing Council, New Delhi, Madhya Pradesh Nurses Registration Council, Bhopal (M.P.) Constituent Unit of Malwanchal University, Indore (M.P.)



Ref NO: /INC/ PO/2018/37

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Registrar

REPORT ON

CULTURAL FEST (2018)

Colorful and memorable cultural fest was organized on 28th January 2018 under the guidance of DrJinu K Rajan Principal Index Nursing College, faculty, students and student nurses association unit at Index Medical College Auditorium. The event was inaugurated by Mr. Mayankraj Singh Bhadoriya Vice Chairman Index & Amaltas Group of Institutes, DrJinu K Rajan Principal Index Nursing College, Mr. R C Yadav Additional Director & Student Welfare, MrsChitraKhidwadkar Additional Director and Administrator, Mr. A K JanhaIncharge of research laboratory Index group of institutes. Floral welcome was done followed by lighting the lamp by special guest and faculty Index nursing college. The fest was started at 11 am with melodious welcome dance. The event of cultural fests are rangoli, mehendi, best out of waste, skit or role play, poetry, song, dance and fancy dress.

Rangoli competition was held headed by Mrs. Payal Sharma Asso prof MHN dept, MrJitendraAsst prof Index Nursing College in which students showcase various talents on the theme of eco friendly environment with 1 hr duration. The judge of the event was DrJinu K Rajan Principal Index Nursing College, Mrs. Reena Thakur AssoProfMSNDept and MrsAnu V Kumar Asso Prof OBG Dept. Several Students has participated. Ms. Nikita Solanki won first prize and Ms. Shreya Pal won second prize.

Mehendi competition was headed by MrsAnu V Kumar ans Mr. JitendraChicholkar in which students showcase various talents on the theme of bridal mehendi with 1 hr duration. The judge of this event was MrsPayal Sharma. Ms. SevantiBhatnagar won the first prize and Ms. SupriyaJadhav won the second prize.

anchal University College Address : Gram Morodhat, Nemawar Road, Post. Bavlia Khurd, Piston NDORE 452 016 (MP), Photogram 452 016 (MP), Photogr

PRINCIPA

Best out of waste competition headed by MrJitendraChicholkar. The duration of the competition was 1 hr. The judge of the event was Mrs. Payal Sharma and Mrs. Reena Thakur. Ms. KajalChouhanwon the first prize and Ms. NileemaSahu.

Skit and role play headed by Mrd. AlineUpadhyay and Mrs. Reena Thakur. The theme of the skit was Life during corona. The judge of the event was Dr. Jinu K Rajan and Mrs. Anu V Kumar. Ms. Uma Malviya and group won the first prize and Ms. KirtiKumawat and group won the second prize.

INDEX NURSING COLLEGE INDORE (M.P.)

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PRINCIPAL INDEX NURSING COLLEGE INDORE (M.P.)

legistrar Malwanchal University Indore (MP)

INDEX NURSING COLLEGE, INDORE, M.P. INFINITO 2018 Attandance Sheet

Sr No	Names
1	Aayush
2	Aman Choudhary
3	Aman Khan
4	Amit Sharma
5	AntimBala
6	Bhawna Sain
7	Deepak
8	Brij Bhan Bharti
9	Deepika Malviya
10	Devendra Singh Chouhan
11	Durgesh Kewat
12	Jitendra Dholpuriya
13	Gokul Patel
14	Jyoti Alchha
15	Jyoti Saini
16	Kajal Selvan
17	Kala Awase
18	Kajal Chouhan
19	Kiran
20	Komal Tawde
21	Kamlesh Yadav
22	Kirti Kumawat
23	Lalita Kharadi
24	Laxman Solanki
25	Kuldeep Sharma
26	Neesha
27	Lakhan Dhakad
28	Muskan Meena
29	Nikita Jat
30	Nilesh Sisodiya
31	Pooja More
32	OmPrakash Pal
33	Preeti Hada
34	Priya Alawa
35	Pankaj Sharma
36	Pradeep Choudhary
37	Pravin Patel
38	Rama Pawar
39	Somya Chouhan
40	Ritik Chouhan
41	Sachin Mohil
1.000	Rahul Singh
100 A 100 A	Rahul Solanki
	Sandeep CP KALZU
	RajKumar
	Sangeeta Dangode IND

22 PRINCIPAL INDEX NURSING COLLEGE INDORE (M.P.)

Registrar Malwanchal University Indore (M.P.)

47	Sangasta King di	
47	Sangeeta Kiradiya	
48	Sapana Mourya	
50	Ravi Prajapat	
	Sevanti Bhatnagar	
51	Sachin Prajapat	
52	Saloni	
53	Sandhya Badwaniya	
54	Sapna Sendhav	
55	Shalu Prajapat	
56	Soniya kher	
57	Sonu Chouhan	
58	Sundar	
59	Supriya Jadhav	
60	Uma Malviya	
61	Vishal	
62	Shikha Yadav	
63	Shivani Choudhary	
64	Shivani Singh	
65	Shivkumar Rai	
66	Shweta Kumari	
67	Aman Parmar	
68	Hariom	
69	Mani Kankarwal	
70	Pooja Sendhav	
71	Preetesh Shakya	
72	Rishikesh Shakya	
73	Sheetal Chouhan	
74	Vikash Kumar	
75	Ashish Kumar	
76	Piyush Sharma	
77	Saket '	
78	Reeta Kumari	
79	Abhishek Choudhary	
80	Ankita Shukla	
81	Jooli Singh Sengar	
82	Manish kumar Gupta	
83	Pradeep Kumar Yadav	
84	Priyanka	
85	Vikas Prajapat	
86	Mona Thakur	
87	Shivkumar Yadav	
88	MD Jubair	
89	Lalta Dangi	
90	Ritesh Joshi	
90	Radhika Achale	
92	Ushmita Dhakad	
93	Tanveer	OLIN
94	Shivam	A.I.
95	Shreya Rajesh Kelzare	Registrar Malwanchal Univer
96	Aditya Kumar Swami	Malwanchal University Indore (M.P.)

A219/22

PRINCIPAL NU SING COLLEGE INDORE (M.P.)

97	Bhagya Shri Singh
98	Dharmendra
99	Gajendra Kumar Yadav
100	Ganesh
101	Gayatri Sanvle
102	Jitendra
103	Manisha Managre
104	Nitin
105	Patil Swati Jayaram
106	Pooja Solanki
107	Raina Manshare
108	Rahul Sendhav
109	Richa Mishra
110	Sahil Urmal
111	Santosh Saini
112	Shahid Khan Mansuri
113	Shivani Bhadoriya
114	Sunita Kakodiya
115	Suraj Yadav
116	Vandana Patonda
117	Vijay Gour
118	Shabnam khan
119	Sweta Patel

NY. Organizing Secretary

@fcq19/2

Registrar Malmanchal University

82/1/22

PRINCIPAL INDEX NURSING COLLEGE INDORE (M.P.)

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This is to certify that Mr. /Ms. /Mrs. **Ritesh Joshi** participated in "**Infinito 2018 Cultural and Sports Fest**" and stood winner in Badminton held on 8th January-13th January 2018.

INDEX NURSING COLLEGE INDORE (M.P.)

Organizing Secretary

DrganizingChairperson PRINCIPAL

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This is to certify that Mr. /Ms. /Mrs. **Ayush** participated in "**Infinito 2018 Cultural and Sports Fest**" and stood winner runners-up in Badminton held on 8th January-13th January 2018.

INDEX NURSING COLLEGE INDORE (M.P.)

Organizing Secretary

Malwanc rperson

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This is to certify that Mr. /Ms. /Mrs. Brij Ban Bharti participated in "Infinito 2018 Cultural and Sports Fest" and stood winner in Chess held on 8th January-13th January 2018.

Organizing Secretary

Indor Of ganizing Chairperson

PRINCIPAL INDEX NURSING COLLEGE INDORE (M.P.)

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This is to certify that Mr. /Ms. /Mrs. Lakhan Dakhad participated in "Infinito 2018 Cultural and Sports Fest" and stood winner runners-up in Chess held on 8th January-13th January 2018.

INDEX NURSING COLLEGE INDORE (M.P.)

Organizing Secretary

Thairperson

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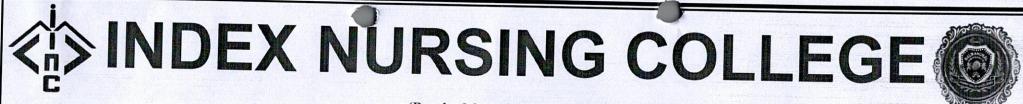


This is to certify that Mr. /Ms. /Mrs. Sevanti Bhatnagar participated in "Infinito 2018 Cultural and Sports Fest" and stood winner in Chess held on 8th January-13th January 2018.

Organizing Secretary

Malwanchal University Indore WrganizingChairperson

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This is to certify that Mr. /Ms. /Mrs. Supriya Jadhav participated in "Infinito 2018 Cultural and Sports Fest" and stood winner runners-up in Chess held on 8th January-13th January 2018.

Organizing Secretary

Malwar

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This is to certify that Mr. /Ms. /Mrs. Vishal participated in "Infinito 2018 Cultural and Sports Fest" and stood winner in Carom held on 8th January-13th January 2018.

Organizing Secretary

gChairperson Indere (MP.

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This is to certify that Mr. /Ms. /Mrs. **Hariom** participated in "**Infinito 2018 Cultural and Sports Fest**" and stood winner runners-up in Carom held on 8th January-13th January 2018.

INDEX NURSING COLLEGE INDORE (M.P.)

Organizing Secretary

Malwan **igChairperson**



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This is to certify that Mr. /Ms. /Mrs. Ashish Kumar participated in "Infinito 2018 Cultural and Sports Fest" and stood winner in Carom held on 8th January-13th January 2018.

Organizing Secretary

Malwanc

Indore OrganizingChairperson

Real NURSING COLLEGE

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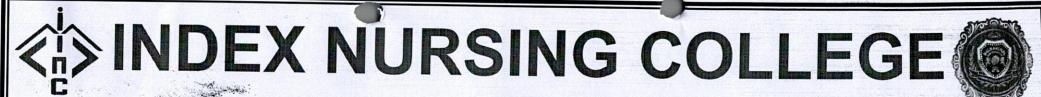
This is to certify that Mr. /Ms. /Mrs. Aman Khan participated in "Infinito 2018 Cultural and Sports Fest" and stood winner in runners-up Carom held on 8th January-13th January 2018.

INDEX NURSING COLLEGE INDORE (M.P.)

Organizing Secretary

Malwanchal University

Indore (OrganizingChairperson



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This is to certify that Mr. /Ms. /Mrs. Kamlesh yadav participated in "Infinito 2018 Cultural and Sports Fest" and stood winner in Carom held on 8th January-13th January 2018.

Organizing Secretary

ArganizingChairperson Malwa Indore (MP

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This is to certify that Mr. /Ms. /Mrs. Nilesh Sisodiya participated in "Infinito 2018 Cultural and Sports Fest" and stood winner in runners-up Carom held on 8th January-13th January 2018.

Organizing Secretary

Irperson

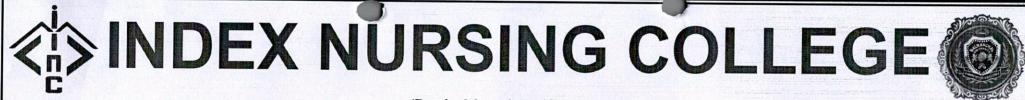
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This is to certify that Mr. /Ms. /Mrs. Kajal Selvan participated in "Infinito 2018 Cultural and Sports Fest" and stood winner in Carom held on 8th January-13th January 2018.

Organizing Secretary

Registra Malwanchal Organizing Chairperson



(Run by Mayank Welfare Society)

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This is to certify that Mr. /Ms. /Mrs. Neesha participated in "Infinito 2018 Cultural and Sports Fest" and stood winner runners-up in Carom held on 8th January-13th January 2018.

Organizing Secretary

Chairperson



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This is to certify that Mr. /Ms. /Mrs. Kajal Chouhan participated in "Infinito 2018 Cultural and Sports Fest" and stood winner in Carom held on 8th January-13th January 2018.

Organizing Secretary

ngChairperson

PRINCIPAL INDEX NURSING COLLEGE INDORE (M.P.)



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This is to certify that Mr. /Ms. /Mrs. **Preeti Hada** participated in "Infinito 2018 Cultural and Sports Fest" and stood winner runners-up in Carom held on 8th January-13th January 2018.

Organizing Secretary

rganizingChairperson

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This is to certify that Mr. /Ms. /Mrs. Uma Malviya participated in "Infinito 2018 Cultural and Sports Fest" and stood winner runners-up in Carom held on 8th January-13th January 2018.

INDEX NURSING COLLEGE INDORE (M.P.)

Organizing Secretary

University. Mrganizin gChairperson

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This is to certify that Mr. /Ms. /Mrs. Kirti Kumawat participated in "Infinito 2018 Cultural and Sports Fest" and stood winner in Carom held on 8th January-13th January 2018.

INDEX NURSING COLLEGE INDORE (M.P.)

Organizing Secretary

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This is to certify that Mr. /Ms. /Mrs. **Om Prakash Pal** participated in "**Infinito 2018 Cultural and Sports Fest**" and stood winner runners-up in Carom held on 8th January-13th January 2018.

Organizing Secretary

hairperson



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This is to certify that Mr. /Ms. /Mrs. Reeta Kumari participated in "Infinito 2016" Cultural and Sports Fest" and stood winner in Carom held on 8th January-13th January 2018.

Organizing Secretary

rganizingChairperson

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This is to certify that Mr. /Ms. /Mrs. **Pradeep Kumar Yadav** participated in **"Infinito 2018 Cultural and Sports Fest"** and stood winner runners-up in Carom held on 8th January-13th January 2018.

Organizing Secretary

ingChairperson

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This is to certify that Mr. /Ms. /Mrs. Mona Thakur participated in "Infinito 2018 Cultural and Sports Fest" and stood winner in Carom held on 8th January-13th January 2018.

Organizing Secretary

Malwancha Organizing Chairperson

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This is to certify that Mr. /Ms. /Mrs. Vikash Kumar participated in "Infinito 2018 Cultural and Sports Fest" and stood winner runners-up in Kabaddi held on 8th January-13th January 2018.

Organizing Secretary

zingChairperson Indore (MP

(Run by Mayank Welfare Society)

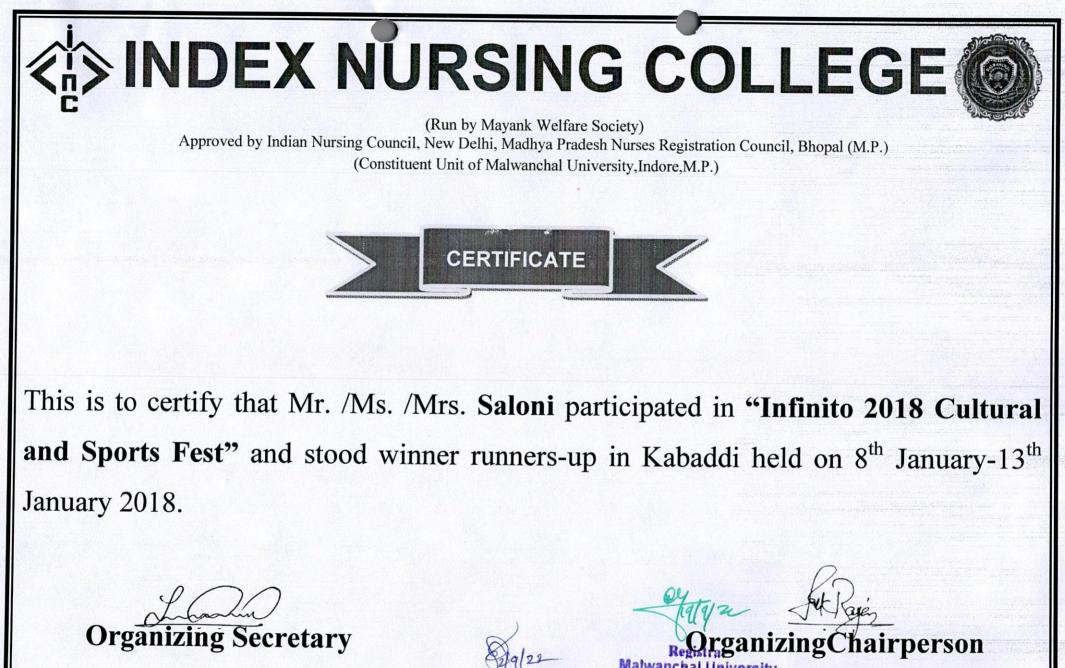
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This is to certify that Mr. /Ms. /Mrs. **Rahul Singh** participated in "Infinito 2018 Cultural and Sports Fest" and stood winner in Kabaddi held on 8th January-13th January 2018.

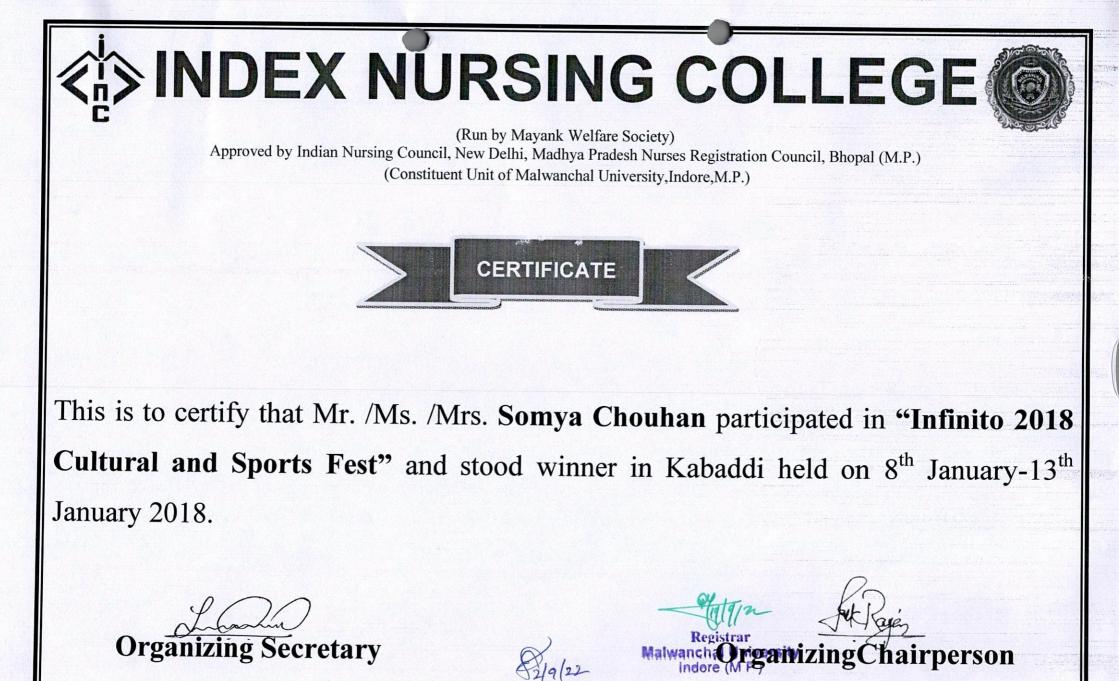
Organizing Secretary

Chairperson



INDEX NURSING COLLEGE INDORE (M.P.)

Malwanchal University Indore (MP)





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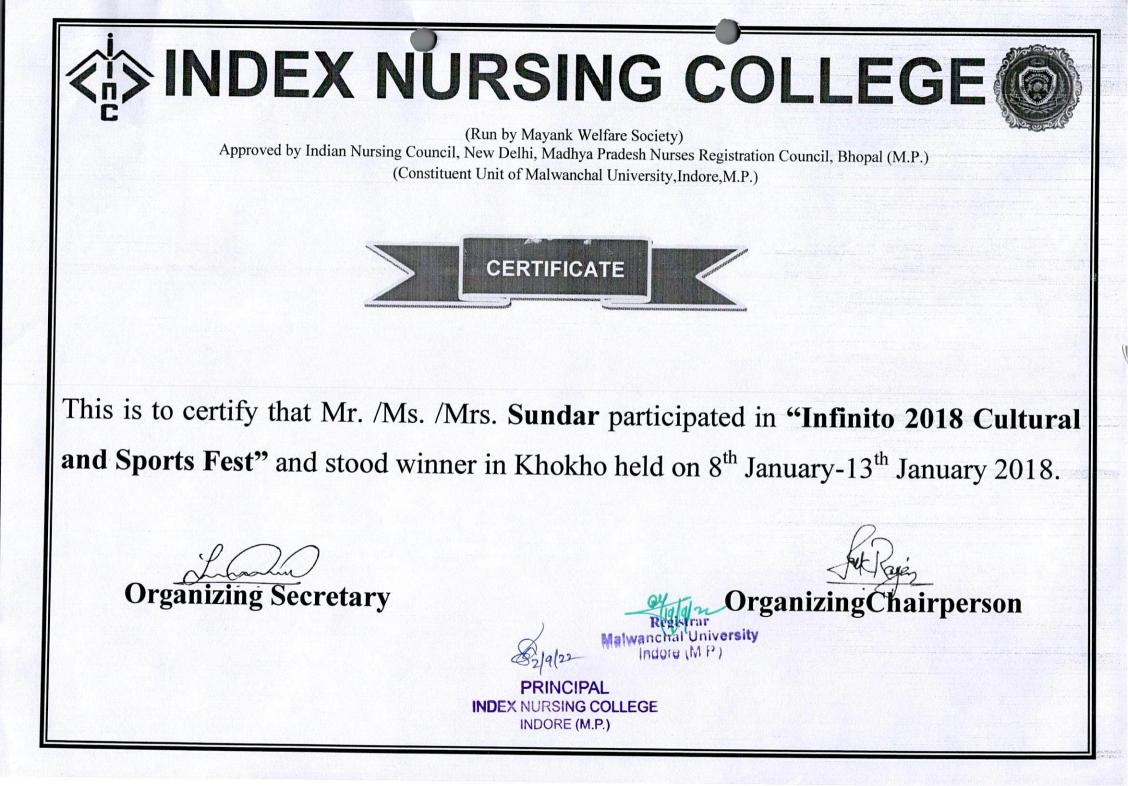
This is to certify that Mr. /Ms. /Mrs. Sachin Mohil participated in "Infinito 2018 Cultural and Sports Fest" and stood winner runners-up in Khokho held on 8th January-13th January 2018.

Organizing Secretary

Malwane

izingChairperson

INDEX NURSING COLLEGE INDORE (M.P.)



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This is to certify that Mr. /Ms. /Mrs. Shikha Yadav participated in "Infinito 2018 Cultural and Sports Fest" and stood winner runners-up in Khokho held on 8th January-13th January 2018.

Organizing Secretary

gChairperson Matwanchal

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This is to certify that Mr. /Ms. /Mrs. Rama Pawar participated in "Infinito 2018 Cultural and Sports Fest" and stood winner runners-up in Khokho held on 8th January-13th January 2018.

Organizing Secretary

gChairperson ndore (1

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This is to certify that Mr. /Ms. /Mrs. Saket participated in "Infinito 2018 Cultural and Sports Fest" and stood winner in Cricket held on 8th January-13th January 2018.

Organizing Secretary

OrganizingChairperson Malwanchal University

Indore (MP.)

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This is to certify that Mr. /Ms. /Mrs. Piyush Sharma participated in "Infinito 2018 Cultural and Sports Fest" and stood winner runners-up in Cricket held on 8th January-13th January 2018.

Organizing Secretary

Chairperson Indore (M.P.

(Run by Mayank Welfare Society)

Approved by Indian Nursing Council, New Delhi, Madhya Pradesh Nurses Registration Council, Bhopal (M.P.) (Constituent Unit of Malwanchal University, Indore, M.P.)



This is to certify that Mr. /Ms. /Mrs. Sheetal Chouhan participated in "Infinito 2018 Cultural and Sports Fest" and stood winner in Cricket held on 8th January-13th January 2018.

Organizing Secretary

gChairperson Malwanchal University Indore (MP)

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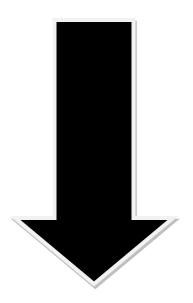
This is to certify that Mr. /Ms. /Mrs. Sangeeta Dangode participated in "Infinito 2018 Cultural and Sports Fest" and stood winner runners-up in Cricket held on 8th January-13th January 2018.

Organizing Secretary

gChairperson

PRINCIPAL Malwanchal University INDEX NURSING COLLEGE Indore (M.P.) INDORE (M.P.)

Index Department of Physiotherapy & Paramedical Sciences



INDEX

Department of Physiotherapy & Paramedical Sciences

Annual Report 2018-2019

Physical Education is an integral part of the total education system. It helps in the attainment of the ultimate aim of education i.e. the achievement of holistic development. Sports play a vital role in the student's life. The sports develop discipline, the spirit of sportsmanship and inculcates the qualities of team spirit and leadership among the students. Index Department Of Physiotherapy & Paramedical Sciences ,Malwanchal University Indore held 2nd annual culturals and sports from 22nd to 24th December, 2019. The sporting calendar this year is once again full with a wide range of sporting opportunities available to our students and staff.

It is one of the largest co-curricular activity that offer an extensive opportunity to all the students and staff of college. This venture shall enable the students and staff to have fun, learn new sports, enhance social interaction and tests one's physical capability. These competition also offer a break from the daily routine tasks and recreate or re-energetic them. Student nurses' association unit of college of nursing strives to excel at all levels and bring laurels to the college.

Under guidance of Dr.ReshmaKkhuranaPricipal and Hod of Index Department of physiotherapy & Paramedical Sciences, Malwanchal university, Indore the planning for conducting annual sports-in December 2019. All 100 students of Index Department Of Physiotherapy & Paramedical Sciences, Malwanchal University, Indore were divided in 4 groups, each group consisting of 15 students. This was done to maintain a fair game, with equal chance to everybody. Considering the concept of "SPORTS FOR ALL" we organized Inter-house tournaments for students as well as some sports activities for statute aching and non-teaching).





The events started on 22nd December 2019afternoon with badminton prelims and basketball. It was followed by throw ball and badminton finals on 22nd December. On23rdDecember cricket matches were played in the morning followed by indoor games like carom, chess and ludo in the evening. The much awaited Annual Sports Day was held on 22nd December2019, with great zeal, excitement and frolicsome atmosphere. Dr.RavindreKolhe had kindly agreed to preside over the function. The sports day started at 9: a.m. with a memorable and colourful ceremony.

The celebration inaugurated by Dr Reshma Khurana Principal, Index Department of Physiotherapy &Paramedical Sciences at 09:30 a.m. followed by Lighting of the candle and Floral welcome, Taking god's blessing is of paramount significance, hence Saraswati Vandana was recited in the auditorioum that The sports day inaugural ceremony started with lighting the ceremonial sports torch held by the Dr Abhishek Rajoriafor united marching around the sports field along with four house captains. Finally the flame of peace and harmony kept within our sports field.

The chief guest, Dr. Reshma Khurana Principal, Index Department of Physiotherapy & Paramedical Sciences ,Malwanchal University Indore also took the salute of the impressive March Past by the students of all 4 groups , which was followed by oath-taking ceremony.





